ATC THE AUTHENTIC T-SHIRT COMPANY®



Pro Club Polo

S3560

Product Features:

- 6.3-oz, 100% performance polyester interlock with wicking technology
- No Bleed Fabric (NBF) created with a unique cationic dye process for easy printing

Adult sizes: XS-4XL



Dyed-to-match buttons





Available Colours and PMS Colours

Textile fabric colours are subject to dye lot variation and will not be exact match to print Pantone reference



BLACK/WHITE
Black 6C/No PMS



COAL GREY/ WHITE
Cool Grey 10C/No PMS



TRUE NAVY/ WHITE
539C/No PMS



TRUE ROYAL/ WHITE
7686C/No PMS



TRUE RED/ WHITE
200C/No PMS

Due to the nature of polyester, special care must be taken throughout the decoration process.

S3560 - ATC™ Pro Club Polo

Garment Measurements

Size	XS	S	M	L	XL	2XL	3XL	4XL
Chest - Half Measure	18 1/2"	20"	21 1/2"	23"	24 1/2"	26"	28"	30"
Chest - Full Measure	37"	40"	43"	46"	49"	52"	56"	60"
Body Length from HPS	28"	29"	30"	31"	32"	33"	33 1/2"	34"
Sleeves Length - CB	18 5/8"	19 1/8"	19 1/2"	20"	20 3/8"	20 7/8"	21 3/8"	22"

Finished measurements in inches. Refer to “How to Measure” guide for detailed information on measurements instructions.

Adult General Sizing Guide

Size	XS	S	M	L	XL	2XL	3XL	4XL
Chest	30"-32"	34"-36"	38"-40"	42"-44"	46"-48"	50"-52"	54"-55"	56"-57"
Waist	26"-29"	29"-32"	32"-35"	35"-38"	38"-41"	41"-44"	44"-47"	47"-50"
Sleeves Length - CB	31"-32"	32"-33 1/2"	34"-35"	35"-36"	36"-37"	37"-38"	38"-39"	38 1/2"-39"

Printing Instructions for No Bleed Polyester Fabrics

Due to the nature of polyester, special care must be taken throughout the decoration process. Here are some tips to effectively decorate our no bleed performance products.

Coach’s Note: With No Bleed Fabric, skip the blockers and pre-treatment for faster turnaround.

Garment temperature must not exceed 320°F or 160°C.
Going over this limit can cause the fabric to shrink, ripple, or let dye migration sneak through your defence. Keep it cool and controlled; this is a key play in your strategy.

Dryer temperature and belt speeds must be changed accordingly for polyester fabric.

Polyester plays by different rules. Adjust the temps and belt speed and stay in the game.

If flashing these garments, do not exceed 1-2 seconds. Anything longer may damage the fabric as stated above.

Keep it quick – A short flash is all you need! Any longer and you risk taking your gear out of play.

SCREEN PRINTING
- These garments require the use of poly inks that cures at a lower temperature. Touch base with your ink supplier; think of them as your assistant coach.
- Cool-down is critical. Polyester takes longer than cotton to cool, so don’t stack too early. Let your gear cool fully before folding or piling.
  Stacking while warm can cause sticking or ink transfer

HEAT TRANSFERS
- Adjust your time, temperature, and pressure. Too much of any, and you're benched with a damaged garment. Follow the settings like a practiced drill.

SUBLIMATION PRINTING
- This process only works on white or very light colour shirts. Anything darker and the colour will fight back, causing bleed or distortion.
- Make sure your design colours are darker than the base fabric to make your print stand out.

A test sample run is recommended, especially if you have a large order or if your printer does not specialize in printing on performance fabrics. Every great team test plays before game day!